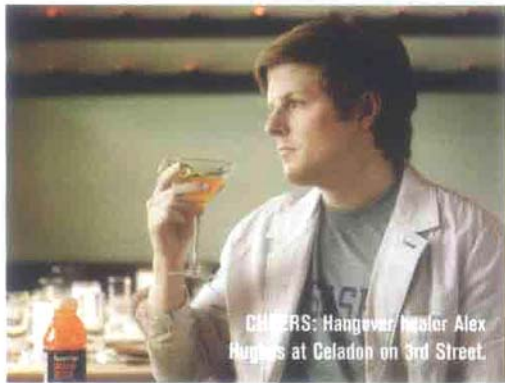


Angeleno

MODERN LUXURY™

DETOX DOC

Yes, this gourmet issue is about indulging. But when too much of a good thing results in a hangover, it's time to call Alex Hughes. For three years now, the UCLA orthopedic surgeon has been moonlighting as a savior for moonshine-happy people. His Function Urban Detox brew may look like a Vitaminwater wannabe, but it's also supposed to cure day-after misery. (No wonder music



CHEERS: Hangover healer Alex Hughes at Celadon on 3rd Street.

types like Fergie guzzle it.) We made an appointment with the doc.

DOES THIS CONCOCTION REALLY WORK? We're dealing with N-acetyl cysteine, the vitamin C of the 21st century. It acts as a catalyst to break down acetaldehyde [the toxic substance that alcohol becomes when ingested], which is what makes you feel terrible—the headache, dry skin, dehydration. **YOU MUST BE A HERO FOR FRAT GUYS.** Well, this isn't just for college students. Like my mom—she uses it to thwart headaches after drinking red wine. **SO WHAT DID THE R&D PHASE LOOK LIKE?** The initial experimentation actually went down in my kitchen. It was a disaster zone, with beakers constantly being fired up over the gas range. **DID YOU SERVE AS YOUR OWN BEST GUINEA PIG?** Let's just say a lot of time has been spent along 3rd Street at El Carmen and St. Nick's.